

Presented by
Department of Medicine
Johns Hopkins University School of Medicine

NOW IN ITS 70TH YEAR!

The 70th Annual Philip A. Tumulty

TOPICS in CLINICAL MEDICINE

May 6 – 8, 2026

The Johns Hopkins Hospital
Chevy Chase Bank Conference Center
Baltimore, Maryland

Course Directors:

Gail Berkenblit, MD, PhD

Daniel Brotman, MD, FACP, MHM

Kimberly Peairs, MD, FACP



"The talks are presented by individual expert faculty members, thus providing a rich breadth of scientific views and insights, standing ahead of other CME Courses."

This activity has been approved for AMA PRA Category 1 Credits™.



JOHNS HOPKINS
MEDICINE

The 70th Annual Philip A. Tumulty

TOPICS in CLINICAL MEDICINE

May 6 – 8, 2026

DESCRIPTION

Topics in Clinical Medicine began over 69 years ago with the late Dr. Philip Tumulty's belief that faculty should communicate not only its expertise in internal medicine, but also its collegiality and warmth. To maximize the intermingling between faculty and guests, Dr. Tumulty held the course at Hopkins (not a hotel), provided daily lunches with the faculty and conducted a variety of social events. The current course directors are Drs. Gail Berkenblit, Daniel Brotman, and Kimberly Peairs. In 2026, Topics remains a course dedicated to providing the best summaries of the advances in internal medicine and extending the hospitality of Johns Hopkins' faculty.

WHO SHOULD ATTEND

This activity is intended for internal medicine, family practice, and hospitalist medicine physicians; physician assistants, nurse practitioners, nurses and other allied health professionals.

OBJECTIVES

After attending this activity, the learner will demonstrate the ability to:

- Summarize recent updates, clinical studies, and practice changing guidelines in general internal medicine.
- Describe new medications, procedures and innovations applicable to general medicine practice.
- Review current updates and clinical practice strategies across general internal medicine, cardiology, endocrinology, gastroenterology, hematology, oncology, infectious diseases, nephrology, pulmonology, psychiatry, and rheumatology.
- Apply expert insights and guidance obtained through case discussions in "Meet the Professor" sessions.

ACCREDITATION STATEMENT

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 21.75 *AMA PRA Category 1 Credits*[™], which includes 20.75 for the live course and an additional 1.0 credit for participation in the Grand Rounds session. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

POLICY ON PRESENTER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies in place to identify and mitigate relevant conflicts of interest prior to this educational activity. Detail disclosure will be made prior to presentation of the education.

OTHER CREDITS

American Academy of Nurse Practitioners National Certification Program accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME.

American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME.

PAs may claim a maximum of 20.75 Category 1 credits for completing this activity. **NCCPA** accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by ACCME or a recognized state medical society.

The Johns Hopkins University has approved this activity for 20.75 **contact hours for non-physicians**.

MAINTENANCE OF CERTIFICATION

Successful completion of this CME activity, which includes participation in the evaluation



component, enables the participant to earn up to 20.75 MOC points in the **American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program**. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

PAIN MEDICINE STATEMENT

This activity should cover topics that are required under the Maryland Board of Physicians pain management requirement.



GENERAL INFORMATION

REGISTRATION

Wednesday, May 6, 2026
7:00 a.m. ET

Chevy Chase Bank Conference Center
The Sheikh Zayed Tower
The Johns Hopkins Hospital
1800 Orleans Street, Main Level
Baltimore, Maryland 21287

The Sheikh Zayed Tower is located on Orleans Street between Broadway and Wolfe Streets. Directions and campus parking information are available on our website under the Contact Us tab at <https://HopkinsCME.cloud-cme.com>. The closest garage is the Orleans Street Garage, which is located on Orleans Street (Route 40) between Wolfe Street and Broadway. Handicapped parking is also available in the McElderry Street Garage. Johns Hopkins is smoke free.

FEES

Register Online by May 1, 2026:

<https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=66296>

Methods of Payment: Learners must register and submit full payment prior to the start of the activity. On-site payments can only be accepted if made by learners via credit card through the online portal by 5:00 p.m. ET on the first day of the activity. The registration fee includes continental breakfast, breaks, lunches welcome reception and instructional materials.

Registration Fees:

Physicians.....\$700
Residents*/Fellows*/Nurses/NPs/PAs/Allied Health
Professionals.....\$575

**with verification of status*

You will receive a confirmation by e-mail. If you have not received it by May 2, 2025 call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

AMERICANS WITH DISABILITIES ACT

The Johns Hopkins School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs.

LATE FEE AND REFUND POLICY

A \$50 late fee applies to registrations received after 5:00 p.m. ET on May 1, 2026. A handling fee of \$50 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social events. Refund requests must be received by fax or mail by May 1, 2026. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

SOCIAL EVENT

A complimentary reception for registrants and faculty will be held Wednesday evening, May 6, 2026 from 7:00 - 10:00 p.m. at The National Aquarium in Baltimore. One guest per registrant is invited to attend at no additional charge. Please indicate your attendance while registering.

SYLLABUS

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity.

HOW TO OBTAIN CREDIT

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. The last day to access the evaluation and attest to your credits is **June 23, 2025**.

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

TO REGISTER OR FOR FURTHER INFORMATION

Register Online

<https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=66296>

Register by Phone..... (410) 502-9636
Register by Fax.....(866) 510-7088
Confirmation/Certificates/Transcripts.....(410) 502-9636
General Information..... (410) 955-2959
E-mail the Office of CME..... cmenet@jhmi.edu

Follow us on X: [X/HopkinsCME](https://twitter.com/HopkinsCME)

Facebook: facebook.com/HopkinsCME

CloudCME 

Check out our mobile app CloudCME.
Organization Code: *HopkinsCME*

For technical assistance with website, CloudCME or credits, please visit our tech support help page:
<https://hopkinscme.cloud-cme.com/about/help>

For general information, please visit the activity webpage at
<https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=66296>

PROGRAM

WEDNESDAY, MAY 6, 2026

- 7:00 - 8:00 Registration and Continental Breakfast
- 8:00 - 8:15 **Welcome and Conference Goals**
Gail Berkenblit, MD, PhD,
Daniel Brotman, MD, FACP, MHM and
Kimberly Peairs, MD, FACP
- 8:15 - 8:45 **EMERGENCY MEDICINE**
The Perils of Gravity: Managing Falls In and Out of the Hospital
Julianna Jung, MD, MEd
- 8:45 - 9:15 **NEPHROLOGY**
Updates on Chronic Kidney Disease Management
Elena Cervantes, MD
- 9:15 - 9:45 **CRITICAL CARE MEDICINE**
Are Surgeons Really Needed to Treat Appendicitis and Diverticulitis?
Pamela Lipsett, MD, MHPE, MCCM
- 9:45 - 10:30 **MYSTERY CASE**
Clinical Reasoning Conference: Case-Based Discussion
John Woller, MD and
Dan Brotman, MD, FACP, MHM
- 10:30 - 10:45 Break
- 10:45 - 11:15 **CARDIOLOGY**
Digital Health in Cardiology
Seth Martin, MD
- 11:15 - 11:45 **HOSPITALIST**
Things We Do For No Reason
Lenny Feldman, MD
- 11:45 - 12:15 **ENDOCRINOLOGY**
Endocrinology Cases for the Internist
Aniket Sidhaye, MD
- 12:15 - 1:15 **Luncheon Meet the Professor Session I**
- 1:30 - 2:00 **INFECTIOUS DISEASE**
What is Hot in ID
Amita Gupta, MD
- 2:00 - 2:30 **GENERAL INTERNAL MEDICINE**
Colon Cancer Screening
Youngjee Choi, MD, FACP
- 2:30 - 2:45 Break
- 2:45 - 3:15 **NEPHROLOGY**
Diuretics: The Good, the Bad, and the Diuretic
Derek Fine, MD
- 3:15 - 3:45 **RADIOLOGY**
The Role of AI in Early Detection in Cancer
Elliot Fishman, MD, FACR
- 3:45 - 4:00 Break
- 4:00 - 5:00 **Meet the Professor Session II**
- 7:00 - 10:00 **Welcome Reception -**
The National Aquarium in Baltimore

THURSDAY, MAY 7, 2026

- 8:00 - 9:00 Registration and Continental Breakfast
- 8:00 - 9:00 **SMALL GROUP DOME TOUR (Sign Up - Limited)**
SELF TOUR OF THE CAMPUS (Pick Up Map)
This session is not eligible for AMA PRA Category 1 Credits™.
- 9:15 - 9:45 **RHEUMATOLOGY**
Evaluating Inflammatory Arthritis
Laura Cappelli, MD
- 9:45 - 10:15 **PAIN MEDICINE**
Suzetrigine (Journavx)
Vahid Grami, MD
- 10:15 - 10:30 Break
- 10:30 - 11:15 **GENERAL INTERNAL MEDICINE**
Thieves Market
Gail Berkenblit, MD, PhD and
Kimberly Peairs, MD, FACP
- 11:15 - 11:45 **PALLIATIVE MEDICINE**
Pearls of Palliative Care
Ivy Akid, MD
- 11:45 - 12:15 **OTOLARYNGOLOGY**
Surgical Approaches for OSA
Kevin Motz, MD
- 12:15 - 1:15 **Luncheon - Meet the Professor Session III**
- 1:30 - 2:00 **PULMONOLOGY**
Pearls and Pitfalls of Sarcoidosis
Michelle Sharp, MD, MHS
- 2:00 - 2:30 **NEUROLOGY**
**Too Soon to Tell, Too Late to Untangle:
The Dual Pitfalls of Alzheimer's Diagnosis**
Abhay Moghekar, MD
- 2:30 - 2:45 Break
- 2:45 - 3:15 **GASTROENTEROLOGY**
MASLD in 2026: Diagnosis, Staging and Treatment
James Hamilton, MD
- 3:15 - 3:45 **CARDIOLOGY**
**Advances in Lipid Management:
Translating Evidence into Clinical Practice**
Francoise Marvel, MD
- 3:45 - 4:00 Break
- 4:00 - 5:00 **Meet the Professor Session IV**

FRIDAY, MAY 8, 2026

7:30 - 8:30	Registration and Continental Breakfast	1:15 - 1:45	PSYCHIATRY Functional Disorders and Dysautonomia: How Medical Silos Have Disenfranchised Complicated Patients Glenn Treisman, MD, PhD
8:00 - 9:00	GRAND ROUNDS - HURD HALL Auditorium Philip A. Tumulty, MD: The Effective Clinician David Hellman, MD	1:45 - 2:15	UROLOGY Urinary Incontinence: An Overview for Clinical Practice Margot K. Le Neveu, MD
9:00 - 9:15	Break	2:15 - 2:30	Break
9:15 - 9:45	INFECTIOUS DISEASES Beyond Lyme Disease: Tickborne Infections You May See in the Office Paul Auwaerter, MD	2:30 - 3:00	INTERNAL MEDICINE A Case From the Clinic Bimal Ashar, MD
9:45 - 10:15	ONCOLOGY Lung Cancer Joy Feliciano, MD	3:00 - 4:00	Osler's Greatest Hits Natasha Chida, MD, MSPH (Moderator)
10:15 - 10:30	Break	3:00 - 3:10	1. Stephanie Alden, MD
10:30 - 11:00	HEMATOLOGY Right Place, Right Time: Individualizing Therapy for Adults with Sickle Cell Disease in the Age of Transformative Therapies Francis Coyne, MD	3:10 - 3:20	2. Benjamin Johnson, MD
11:00 - 11:30	HEMATOLOGY A Bridge Too Far- Update on Management of Anticoagulation in the Periprocedural Period Michael Streiff, MD	3:20 - 3:30	3. Armani Minasian Hawes, MD
11:30 - 12:00	CARDIOLOGY Inflammation and ASCVD: Therapeutic Options in 2026 and Beyond Michael Blaha, MD, MPH	3:30 - 3:40	4. Jona Mata, MD
12:00 - 1:00	Luncheon - Meet the Professor Session V	3:40 - 3:50	5. Christina Tamargo, MD
		3:50 - 4:00	<i>Question and Answer Session</i>
		4:00	Adjourn

You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.

The Johns Hopkins School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity.

This schedule is subject to change.



SPEAKERS

ACTIVITY DIRECTORS

Gail Berkenblit, MD, PhD
Associate Professor of Medicine
Associate Program Director for
Ambulatory Education,
Osler Medicine Training Program

Daniel Brotman, MD, FACP, MHM
John A. Flynn Endowed
Professor of Medicine
Director, Division of Hospital Medicine
The Johns Hopkins Hospital

Kimberly Pears, MD, FACP
Associate Professor of Medicine
Vice Chair for Clinical Affairs
Department of Medicine

JOHNS HOPKINS SPEAKERS

Ivy Akid, MD
Assistant Professor of Medicine

Stephanie Alden, MD
Instruction in Medicine

Bimal Ashar, MD
Professor of Medicine

Paul Auwaerter, MD
Professor of Medicine
Division of Infectious Diseases

Michael Blaha, MD
Professor of Medicine and Epidemiology
Division of Cardiology

Laura Cappelli, MD
Associate Professor of Medicine
Division of Rheumatology

Elena Cervantes, MD
Assistant Professor of Medicine
Division of Nephrology

Natasha Chida, MD
Associate Professor of Medicine
Division of Infectious Diseases

Youngjee Choi, MD, FACP
Associate Professor of Medicine

Francis Coyne, MD
Assistant Professor of Medicine
Division of Hematology

Lenny Feldman, MD
Associate Professor of Medicine and
Pediatrics

Joy Feliciano, MD
Associate Professor of Oncology

Derek Fine, MD
Professor of Medicine
Division of Nephrology

Elliot Fishman, MD, FACP
Elliot K. Fishman MD Professorship in
Radiology
Professor of Radiology, Surgery, Oncology
and Urology

Vahid Grami, MD
Assistant Professor of Medicine
Division of Anesthesiology and
Critical Care Medicine

Amita Gupta, MD
Professor of Medicine
Division of Infectious Diseases

James Peter Adam Hamilton, MD
Associate Professor of Medicine
Division of Gastroenterology

Armani Minasian Hawes, MD
Instructor in Medicine

Benjamin Johnson, MD
Instructor in Medicine

Julianna Jung, MD
Associate Professor of Emergency Medicine

Margot Le Neveu, MD
Instructor in Medicine

Pam Lipsett, MD, MHPE, MCCM
Professor of Medicine and Surgery
Division of Anesthesiology and
Critical Care Medicine

Seth Martin, MD
Professor of Medicine
Division of Cardiology

Francoise Marvel, MD
Assistant Professor of Medicine
Division of Cardiology

Jona Mata, MD
Instructor in Medicine

Abhay Moghekar, MD
Professor of Neurology

Kevin Motz, MD
Assistant Professor of Otolaryngology –
Head and Neck Surgery

Michelle Sharp, MD, MHS
Associate Professor of Medicine
Division of Pulmonary and
Critical Care Medicine

Aniket Sidhaye, MD
Associate Professor of Medicine
Division of Endocrinology and Metabolism

Michael Streiff, MD
Professor of Medicine and Pathology
Division of Hematology

Christina Tamargo, MD
Instructor in Medicine

Glenn Treisman, MD, PhD
Eugene Meyer III Professor of Psychiatry
and Medicine

John Woller, MD
Assistant Professor of Medicine